

Abstract

Putting the issues on the table: summarising outcomes from reviews of reviews

Table 1. Outcomes and type of surgery: direction of effect*

Type of cosmetic intervention	Outcome						
	Self-esteem	Quality of life/ Social functioning	Satisfaction	Anxiety/ Depression	Body image/ BDD	Psychological disturbance/ Emotional disorder/ Mental health	Suicide
Abdominoplasty	+/0	+/0			+/0/-	0	
Botulinum toxin			+				
Breast augmentation	+	+	+	+	+		-
Breast reduction	+	+	+	+	+	+/0	
Facelift	+	+		-		-	
LASIK eye surgery			+				
Orthognathic surgery	+/0	+/-		+/0/-	+/0	0	
Rhinoplasty	+	+	+/-	+	0	+/0/-	

* Findings from studies describe:

+ positive effect;

- negative effect;

0 no change in outcome;

+/- both positive and negative effects;

+/0 both no effect and positive effects;

+/0/- positive effects, no change in outcome and negative effects.