Table 1 QQAQ Checklist of Methodological Characteristics

Items	Yes [n(%)]	Unclear [n(%)]	No [n(%)]
1.Search methods used to find evidence stated	37(74)	2(4)	11(22)
2. Search for evidence reasonable comprehensive	23(46)	9(18)	18(36)
3.Criteria used for deciding which studies to include reported	36(72)	0(0)	14(28)
4. Bias in the selection of studies avoided	7(14)	0(0)	43(86)
5.Criteria used for assessing validity of included studies reported	1(2)	0(0)	49(98)
6. Validity of included studies assessed appropriately	26(52)	0(0)	24(48)
7.Methods used to combine the findings of studies reported	0(0)	0(0)	50(100)
8. Findings of studies combined appropriately	50(100)	0(0)	0(0)
9. Conclusions made by authors supported by analysis	50(100)	0(0)	0(0)