# Level of evidence presented at Brazilian congress of vascular surgery

Beatriz Périco Silveira Third year medical student Universidade Federal de São Paulo | Brazil

Estrutti C, Medina M, Amaral F, Piber L, Cassola N, Prestes O, Guedes LG, Flumignan C, Vasconcelos V, Nakano L, Amorim J, Baptista-Silva J, Flumignan R, Guedes H







### DISCLOSURES

I have no actual or potential conflict of interest in relation to this presentation.



# LEVEL OF EVIDENCE

- Evidence-based medicine is a gaining space;
- Oxford Center for Evidence-Based Medicine Levels of Evidence since 2009;
- Expectation of improvement on the LOE of scientific papers presented at medical congresses.



# OBJECTIVE

• To evaluate the level of evidence of abstracts presented at Vascular Congresses.



# **METHODS**





### 43° CONGRESSO **BRASILEIRO DE ANGIOLOGIA E DE CIRURGIA VASCULAR RECIFE** | 2019



#### de maio de 2019 SÃO PAULO de CIRURGIA VASCULAR e ENDOVASCULAR

De 16 a 18

VIII Encontro Interativo de Cirurgia Vascular e Endovascular

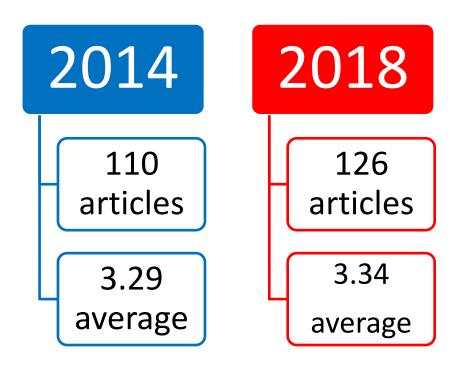


# METHODS

• Search on the annals of CICE congress, screenning all the abstracts presented in 2014 and 2018;

Level of Evidence	Type of Study	Our grade
1	SR of RCTs	10
2	RCT	9
3	"all or none" case series	8
4	SR of cohort studies	7
5	Cohort study	6
6	SR of case-control studies	5
7	Individual case-control study	4
8	Case Series	3
9	Case Report	2
10	Expert Opinion	1

### RESULTS





# RESULTS

Type of Study	2014	2018
SR of RCTs	0	0
RCT	4 (3,64%)	3 (2,38%)
"all or none" case series	0	0
SR of cohort studies	0	0
Cohort study	22 (20%)	34 (26,99%)
SR of case-control studies	0	0
Individual case-control study	0	0
Case Series	26 (23,64%)	12 (9,52%)
Case Report	58 (52,72%)	77 (61,11%)
Expert Opinion	0	0

# **CONCLUSIONS AND DISCUSSION**

- No significant change;
- Large number of case reports;
- How to improve the general quality of papers presented at the congresses?
  - Publications!
    - Jornal Vascular Brasileiro



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Beatriz Périco | beatriz.pericoepm@gmail.com