Despite high education, U.S. parents and undergraduate students struggle to critically appraise treatment claims.

The Problem

Critically appraising treatment claims using EBP principles prevents against waste and harm in healthcare. However, we do not know to what extent U.S. parents and undergraduate students engage in critical appraisal of treatment claims.

Methods

Participants: 142 parents → Recruited online via MTurk • 55% Male 45% Female Gender • M = 36.9, SD = 7.9, Range: 23 - 64Age 8% Black ●4% Hispanic* ●2% Multiracial Race/ ●81% White ●6% Asian/other **Ethnicity** Children # • M = 2.02, SD = 1.3, Range: 1-10 • 10% - High School • 19% - Some college, no degree • 15% - Associate's degree **Education** • 43% - Bachelor's degree • 12% - Master's degree • 15% - Less than \$29,999 • 30% - \$30,000 to \$49,999 • 30% - \$50,000 to \$79,999 Income • 10% - \$80,000 to \$99,999 • 15% - More than \$100,000

→ Recruited via psychology class • 44% Male 56% Female Gender • M = 19.2, SD = 1.2, Range: 18 - 23Age •8% Black •25% Hispanic* •7% Multiracial Race/ •67% White •16% Asian/other **Ethnicity** • 63% - Freshman • 23% - Sophomore Class • 6% - Junior Standing • 8% - Senior

Participants: 145 undergraduates

Household Income

• 7% - \$30,000 to \$49,999 • 12% - \$50,000 to \$79,999

• 9% - Less than \$29,999

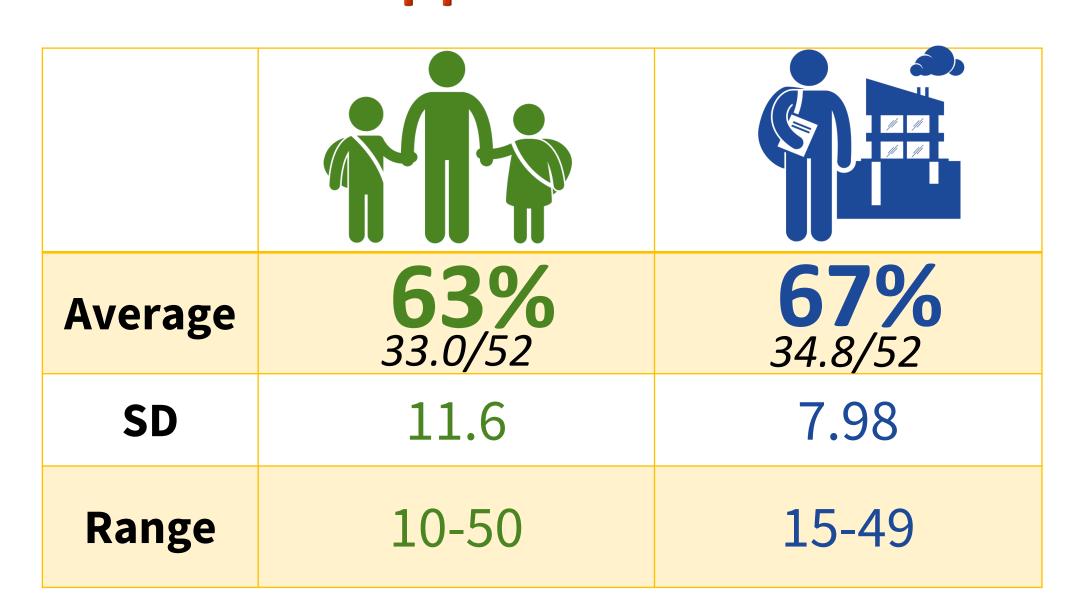
• 10% - \$80,000 to \$99,999

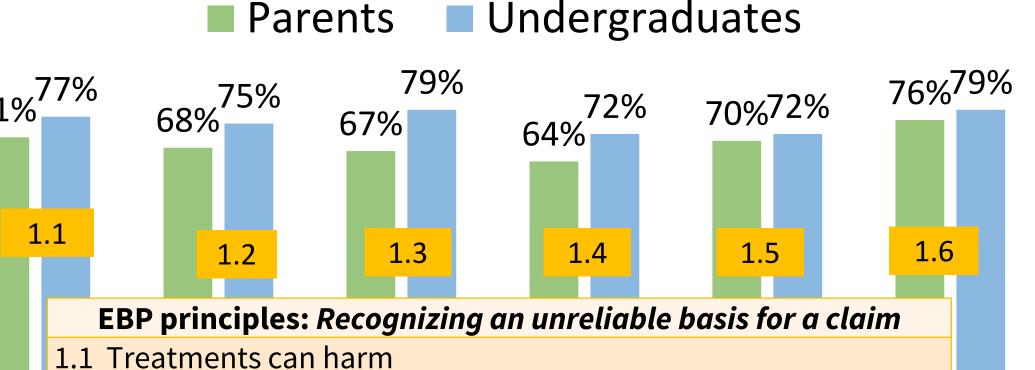
• 62% - More than \$100,000

52 single multiple choice critical appraisal questions from Claim **Evaluation Tools**

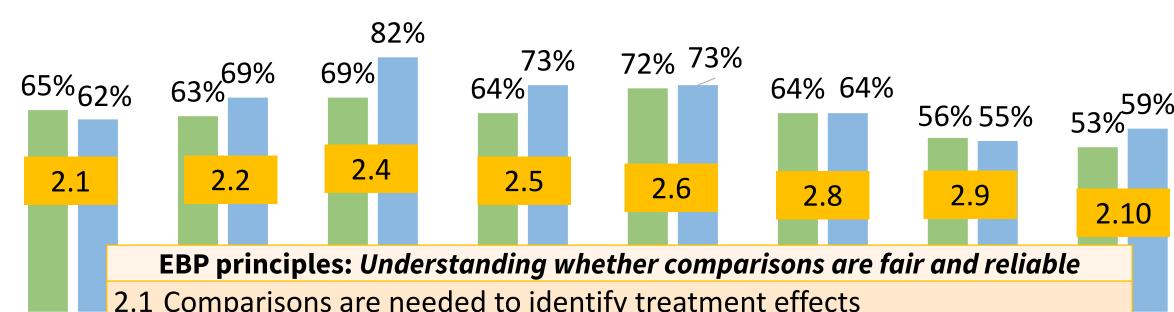
Key Results

Critical Appraisal Test Scores





1.2 Anecdotes are unreliable evidence 1.3 Association is not causation 1.4 Common practice/tradition is not always evidence-based 1.5 Newer is not better



2.1 Comparisons are needed to identify treatment effects 2.2 Comparison groups should be similar

2.4 Comparison groups should be treated equally 2.5 People should not know which treatment they get

2.6 People's outcomes should be assessed similarly

2.8 Single comparisons can be misleading

2.9 Reviews of fair comparisons should be systematic

1.6 Expert opinion is not always right

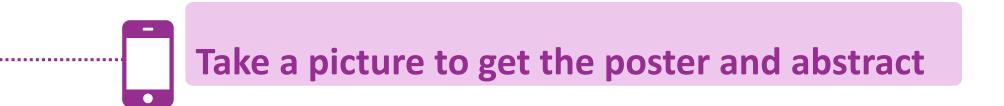
2.10 All fair comparisons should be reported

Bachelor's degree or higher ed = lower critical appraisal scores (t[140] = -3.5, p < .01)

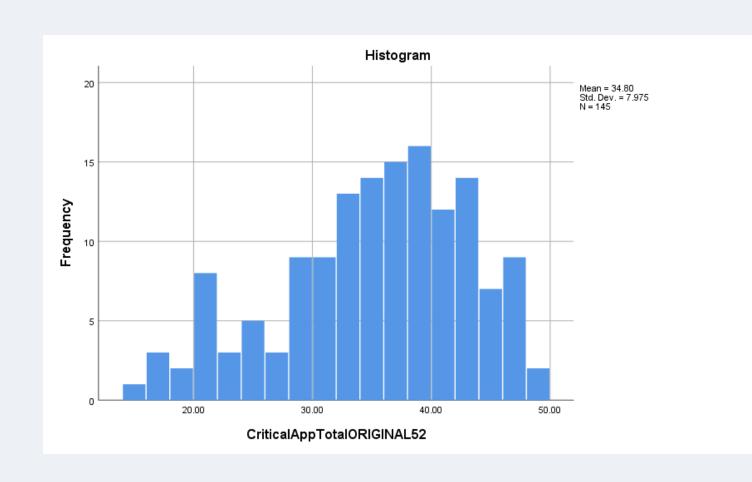


Critical appraisal abilities in the United States: an online assessment of parents and undergraduate students

Vanesa Mora Ringle & Amanda Jensen-Doss

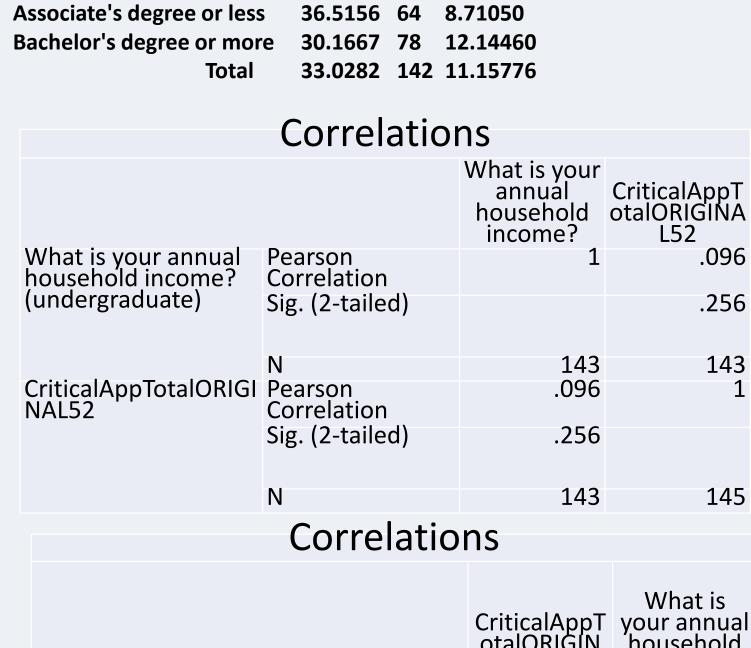


CRITICAL APPRAISAL - CLAIM EVALUATION TOOLS⁵ Standardized, psychometrically validated critical appraisal measure Francis has a serious illness. His friend tells him there is a medicine that helps most people with that illness, and that the medicine is completely safe. **How** sure can Francis be that the medicine is safe? A) Very sure, because treatments that are helpful cannot be harmful B) Not very sure, because most medicines can be harmful as well as helpful c) It is not possible to say, because the medicine helps most people with Francis' illness D) Very sure, because the medicine has helped many people Doctors studied people with stomach pain before and after they took a new medicine. After taking the new medicine, many people felt less pain. Question: Can we be sure that the new medicine is good for treating stomach pain? A) No, taking the new medicine should have been compared either with not taking the medicine, or with taking an older medicine B) Yes, people were asked how much pain they felt before and after they took the new medicine c) Yes, the study was done by doctors



CriticalAppTotalORIGINAL52

EdBachYN Mean



N Std. Deviation

CriticalAppTotalORIG	Pearson	CriticalAppT otalORIGIN AL52	your annual household income?
CriticalAppTotalORIG INAL52 (parents)	Correlation Sig. (2-tailed)	_	.394
What is your annual household income?	N Pearson Correlation	.072	142 1
	Sig. (2-tailed)	.394	142

Mean	N 64	Std. Deviation 8.71050
30.3130	04	8.71050
30.1667	78	12.14460
33.0282	142	11.15776
	30.1667	36.5156 64 30.1667 78

UNIVERSITY OF MIAMI

CriticalAppTotalORIGINAL52

DEPARTMENT of PSYCHOLOGY



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